

Class 3/4 Farming Main lesson

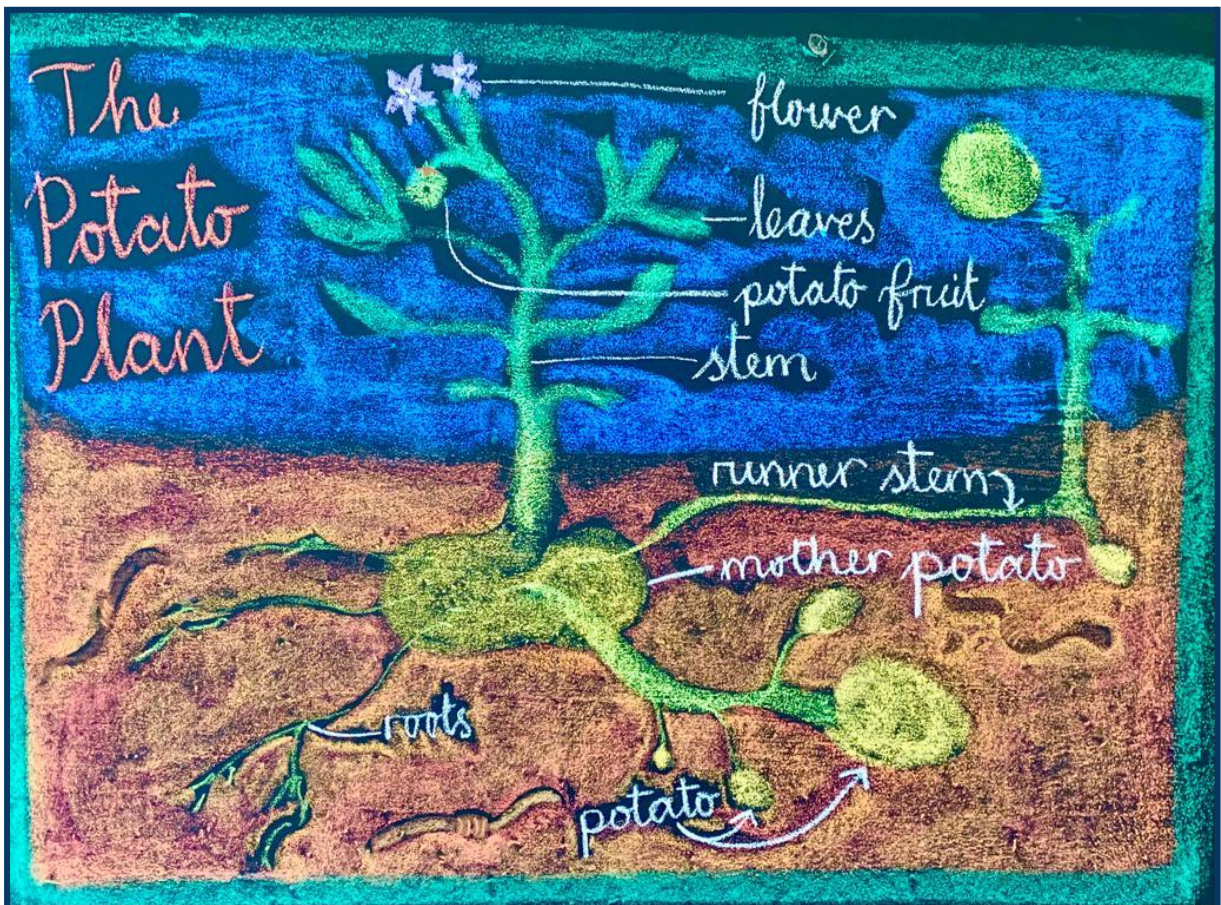
### Class 3/4



The Main Lesson block for this class has been all about farming, and looking into detail all the processes that are involved from field to plate. The class had a lovely day out with Forres Friends of Woods and Fields, where they harvested potatoes from the field, and later enjoyed in a lovely bowl of soup with bread they had baked using wheat they had ground themselves.

They also learned about planting crops not native to Scotland, when class parent and former teacher Edwin came in to talk to them about planting rice in rice fields in the Philippines.

Forres Friends of Woods and Fields:  
<https://www.forresfriends.com/>



A beautiful chalkboard drawing from class 3/4



The class had a wonderful time winnowing rye, barley and wheat, which they milled together in class using a quern, and baked into a loaf that accompanied their soup. They reported that it was “the best bread they had ever had” and they were all very proud of themselves - and rightly so!



**The class enjoying the fruits of their labours**

**Upper school - a snippet from the past fortnight..**

Year 11/12 visit to Burghead Pictish site included an impromptu choir gathering at the well.  
<https://youtube.com/shorts/2xYYePdaKm4>



**Class 9**

Water sports at Loch Insh was postponed due to high winds so we investigated the geomorphology of the river Findhorn area with year 9, which included a swim and a fire



**Geomorphology in the field is hard work!**



**A beautiful setting for learning about Geomorphology**



**Class 11/12 were at Hopeman Harbour on the last glorious day of summer**



Year 11/12 have been enjoying their course on paddle sports safety with Outfit Moray. They have paddled in Hopeman harbour with basking sharks close by. Then Lochindorb, visiting the 13th Century Castle and learning safe practice on multiple crafts. The upper-school has been taking every opportunity to practise multidisciplinary learning with outdoor education.

**Between 12.45 and 13.45  
Starting 1st september**



I would like to see if we can revive the Friday lunchtime activities. To this end I'm offering a weekly stall where I will be selling any surplus seasonal fruit or veg, my preserves, (jams, marmalade, relishes, chutneys, cordials etc...) and various other items, edible and non edible that take my fancy! And of course fruit leathers to be eaten on the spot!

Looking forward to seeing you at the stall!

**Please note - cash only!**

I will also be starting a repair and alteration service - open to discuss exchanges or bartering and also help in my garden in swaps for goods. (1 hour = £10)



**Market opportunity**

How good it would be if some others joined in the market venture with perhaps a bread stall, a fully stocked fruit and veg stall, good quality (pre-loved) children's clothing, home baked cakes and biscuits, seasonal crafts...your imagination is the key!

Profits would be yours with a small fee to the school for the space. (I will be donating mine to the fee assistance fund) but class funds or general school funds are also options.

The idea of the market would not be to provide school lunches and food for hungry students, although some items could be for them, but to develop support amongst ourselves as a school community in these difficult financial times.

I would hope that perhaps the PTFA might be able to revive the Friday cafe idea, even if fortnightly, to supply ever hungry students on a Friday lunchtime.

If you were to be interested in adding a venture to this market idea. Write your proposal and send it to Core Group for their approval. Once you have that, get in touch with me and we can coordinate how to go forward.

**Nicola 07833 164561**

A new Drumduan Marketplace WhatsApp group has also been formed, a space for selling homemade goods, pre-loved items, offering services and sharing. If you would like to join, please use the link below.

<https://chat.whatsapp.com/LCuEdI3RGBsBNNIBfsPtzZ>





## **Drumduan School**

### **Parent and Child Group**

# **Seedlings**

**For parents and carers with babies and children up to 3 years.**

**Fridays (during term-time), 9am to 11am, £7**

**We offer a peaceful, unhurried, welcoming environment in which your child can play and explore.**

**The sessions have a gentle rhythm of play with simple, natural toys, circle time with a story and seasonal songs.**

**Each week also includes a seasonal craft and a shared snack.**

**Booking essential**

**Please contact Linzi for further information at [linzi@drumduan.org](mailto:linzi@drumduan.org)**

### **A call for help!**

On Saturday 23rd of September from 10am - 1.30pm we are planning a Work Session, with a view to clearing the garden area at the south lawn. After the abundance of rain we have had this summer, we need some grown up help to pull out the mighty weeds. Please contact [cajun@drumduan.org](mailto:cajun@drumduan.org) if you can lend a hand, there will be a bring and share lunch afterwards.

### **We are hiring!**

We are currently looking for: Kindergarten and Bothy Bank Staff

Cover staff needed for Kindergarten and the Bothy aftercare service. Must be flexible and willing to cover at short notice. Will be eligible for some staff benefits.

Please contact Penny at [kg.manager@drumduan.org](mailto:kg.manager@drumduan.org) if interested.



If you would like an advert or notice posted here, email Emma at [reception@drumduan.org](mailto:reception@drumduan.org)

As part of the new 'Moray - Let's chat online safety' safety campaign, NSPCC Scotland are delivering sessions for parents and carers via zoom covering what children do online, what the risks are and what you can do to help keep children safe online.

This session will also cover:

- online bullying
- gaming
- parental controls

For more information please email [euan.graham@nspcc.org.uk](mailto:euan.graham@nspcc.org.uk)

## SINGING LESSONS

Based on the internationally recognised Kodaly teaching method.

I teach musicianship through singing: developing pitch, sight reading skills, singing rounds and duets, giving the student independent music skills.

These core skills in music are applicable for any age group although my specialism is in early/primary years. Lessons are personalised and highly interactive. Learn music with a sense of fun and joy!

Price: £16.00 for half an hour

Contact: Abi Rooley-Towle. Qualified Kodaly teacher and internationally awarded songwriter.



## Recorder/Flute Lessons

Adults and children alike can learn the joy of music through the internationally acclaimed Kodaly teaching method.

Develop independent musicianship skills and learn to sight read effortlessly, understand music and play rounds and duets. Joyful person centred music lessons.

Price: £16.00 half an hour lesson

Contact: Abi -qualified Kodaly music teacher and internationally awarded songwriter.

E: [rooleytowle@btinternet.com](mailto:rooleytowle@btinternet.com)

# Body as Oracle

with Valeria Alberigo

## A magical afternoon workshop for women

The Oracle is more than an Archetype : it is a living power imbued in every cell of your being! Come with a question, open up the Senses, and You will start noticing how SHE speaks to YOU all the time, from a variety of channels.

- Are you intrigued by the idea of the body being your personal Divination Kit?
- Are you ready to recover a relationship of Trust and Partnership with your body after centuries of disconnection and mistrust?
- Are you open to discover and receive Insights, Answers and Healing Keys from the Wise & Wild Oracle within?

In this workshop we will tune into the Body as one of the Oracle's channels of communication. We will use movement, embodied writing, partner exercises in Nature, and working with body parts to receive insights and answers to our deepest questions, directly from them.

May you return home with the deep knowing of the magic you carry!

**SUNDAY 17TH SEPTEMBER @ 2-6PM**

THE CLUBROOM, ALTYRE ESTATE,  
FORRES

£50 (£35 CONCESSIONS)

BOOKING ESSENTIAL



BOOKINGS: VALERIA.ALBERIGO@GOOGLEMAIL.COM - 07585228578

# Sharing Nature with Children

(1-Day training)

16 September 2023, 9am - 5pm

This experiential workshop is based on a **revolutionary course developed by Joseph Cornell** who established the Sharing Nature Worldwide organisation and movement dedicated to helping people all over the world to deepen their relationship with nature.

It will be led by Roy Simpson a former US Park Ranger and long-term friend of Joseph with 30+ years' experience delivering these 'sharing nature' activities. It is for teachers, educators and anyone interested in this approach that inspires wonder in the natural world.

In this training you will learn about:

- \* Sharing a variety of dynamic and effective nature-based activities
- \* About the Flow Learning™ Methodology to help inspire people of all ages to love and appreciate nature.
- \* Teaching skills that touch the heart as well as the mind

'If you learn to love nature you will protect it,' is one of Roy's guiding principles and this workshop will give you the tools to help pass on this vital message and help create better future stewards of our one planet.

**Facilitator:** Roy Simpson

**Location:** Findhorn Hinterland Woodland Shelter

**Price:** £40,- for FHT members and bursaries or £70,- (bring your own lunch)

**Bookings & Enquiries:**

[www.trybooking.co.uk/CPNN](http://www.trybooking.co.uk/CPNN)

**Workshops & Retreats 2023**

[www.findhornhinterland.org](http://www.findhornhinterland.org)

Scottish Charitable Incorporated Organisation (SCIO) No SC045806

Want to  
**camp** to make  
a weekend of the  
experience?  
**Contact Kajedo Wanderer:**  
[landmanager@findhornhinterland.org](mailto:landmanager@findhornhinterland.org)  
or  
07464890866



Photo by pexels



*Bharatanatyam*

**OPEN YOUR HEART  
TO THE ANCIENT  
WISDOM OF SOUTH  
INDIAN CLASSICAL  
DANCE**

Free taster sessions!

Tuesday's at The Sunshine Room, Findhorn eco village.

5-5.30pm - Children's Bharatanatyam (7+)  
5.30-6.30pm - Adult & Teenagers Bharatanatyam  
6.30-7.30pm - Siva Nanda Hatha Yoga (online & in person options)

Bharatanatyam is a South Indian classical dance . It is fun, rhythmic  
and grounding. Good for balance & focusing the body & mind -  
Yoga in flow!

To register please email through  
[www.kirstennewellindiandance.com](http://www.kirstennewellindiandance.com)



## FEEL OVERWHELMED BY FINANCIAL PRESSURES?

We can help guide you to trusted advice that's tailored to your family's needs, whether that's talking to someone about:

- **Benefits and one-off payments you're entitled to**
- **Or helping you gain new skills, Find work, childcare support and increasing your earnings**

Take that first step at **[parentclub.scot](https://parentclub.scot)**





# Natural Healing For Mind And Body

**Homeopathic Treatment  
With  
Student Homeopath  
Nicola Crevis**

**Contact me at:**

**[n.crevis@yahoo.co.uk](mailto:n.crevis@yahoo.co.uk)**

**Facebook:**

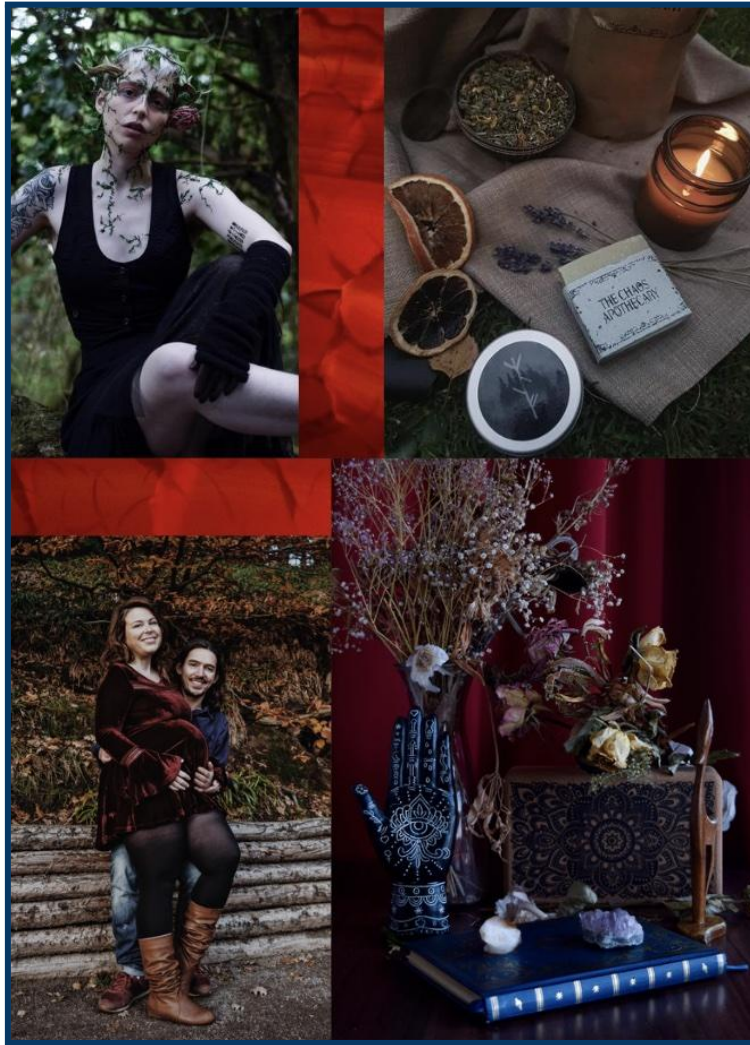
**Homeopathy with Nicola Crevis**

**Tel: 01309 641203**

**£30 per session**

**Student Insurance**





## PHOTOGRAPHY SERVICES

With 10 years real world experience and relevant qualifications, I can offer a grounded, creative experience based around your needs and wishes. Whether it be still or movement, nature, products and business, portraits or family, live music and events. I'd love to connect!

Email:

[erinthomsonphotography@gmail.com](mailto:erinthomsonphotography@gmail.com)

Contact Number: 07740337035

Instagram: [\\_erinthomsonphotography\\_ edens\\_cabin](#)